

SOUTHERN INDIANA OB/GYN MEDICATIONS ALLOWED DURING PREGNANCY

No drug has been proven absolutely safe during pregnancy. However, there are over-the-counter (OTC) medicines that we feel are relatively safe by following the directions on the label. **If any condition persists for 7 days please contact our office.**

It is our preference that no medication be taken unless absolutely needed.

Benadryl (Diphenhydramine) for nasal drainage, sneezing or itchy rashes

Imodium A-D (Loperamide) for diarrhea

Metamucil, Citrucel, Fibercon or Peri-Colace for constipation

Mycelex (Clotrimazole) or **Monistat** (Miconazole) vaginal cream for yeast infection (7 night application only)

Preparation H, Anusol or Tucks for hemorrhoids

Robitussin DM for cough

Sudafed (pseudoephedrine) or **SINUTAB Non-drowsy** for nasal/head congestion

Tums, Rolaids, Maalox or Mylanta for heartburn

Tylenol (acetaminophen) for pain or fever

Tylenol PM for sleep

***REMEMBER: take all medication per the package directions.**